

# TRAINERS/JUDGES/INSTRUCTORS



## Heather Achen

USEF "r" Judge; MHSA "R" Judge Hunter/ Eq. and Jumpers. VHSA and IEA approved Judge. 30+ yrs Teaching. Judging and Riding Clinics Available

240-888-6945; piaffe99@comcast.net



## Yvonne Atwood

British Horse Society Intermediate Instructor & USDF Bronze & Silver medalist. Traveling to you teaching classical drsg, rider biomechanics & correct grndwrk. Let me help you start/retrain/improve your horse while also teaching you "how & why" & "feel & body awareness". All levels.

240-529-8707; yaatwood@hotmail.com;  
www.mindfuldressage.com



## Leslie Deering

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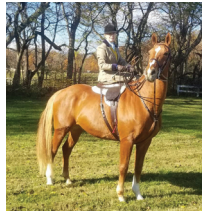
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## Jane Seigler

USDF Silver Medalist. Dressage instruction. Beginner to 4th Level, focused on helping horse and rider find confidence in their balance, discover better relaxation, and maximize athletic performance. Extensive training with Walter Zettl, Linda Zang and Ulf Wiltfang.

301-774-3756; seigler.jane@gmail.com



## Louise "Lou" Bowling Steinfort

USEF "r" and MHSA "R" licensed judge. Hunters, Equitation, Jumpers, Pleasure. Sidesaddle instruction. Located in central Howard County, MD.

301-704-3660; loulouridesaside@gmail.com

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